



CONTACT!

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June 2024

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President's Report

I would like to extend a warm welcome to the 2024/2025 Executive members. I am sure we will go forward and make this term very successful. In advance, thank you for your support.

Already June has started off with a bang. On June 1 the Branch hosted our Honours and Awards ceremony. This was very well attended, and it was nice to see so many volunteers recognized for their endless contributions this past year. Thank you to Comrade Jim Hemlin for fulfilling the hosting duties.

June 6, the 80th Anniversary of D-Day, was our Annual Veterans Luncheon. This was attended by 98 veterans and guests. As soon as you walked through the doors of the hall you could see just how much thoughtful planning and hard work went towards this event. It was an outstanding display of dedication and hard work. I would like to pass on my appreciation to Comrade Ken Fleming and his committee and to Comrade Sylvia Monette. Also, to Comrade Debby Holden and the many volunteers, too numerous to mention each of you, for your dedication and execution of this most successful event.

Plans are going well for the President's BBQ on July 1st. I would like to see as many Executive members as possible come out and show their support for this event.

Finally, the gift of volunteering is not only helping your Branch survive and thrive, but can be very gratifying. I solicit and welcome your support. Your Kanata Branch 638 is a fun place to be, and you can make it even better.

In comradeship,
Mary-Jo Gauthier



Honours and Awards

The Royal Canadian Legion, Kanata - Branch #638 held their annual Honours and Awards Presentations ceremony on June 1, 2024. This is an opportunity to recognize the support, service and contributions of our fellow comrades, non-members, community partners and friends during the past legion year June 1, 2023 to May 31, 2024.

Service pins are awarded every 5 years to Legion members for their years of membership. This year, service pins were awarded to members who have been a member from 5 to 55 years! Comrades Clifford A. Turner - 45-year pin; Gerry Dore - 55-year service bar!

Certificate of Appreciation is awarded to members and non-members to recognize either their branch support or/and for their service provided to the legion during the past year - 18 branch members were recognized for their dedication and support. Certificates of appreciation were awarded to supporters of the Branch: 872 Kiwanis Air Cadet Squadron, Saint Xenia Russian Orthodox Church, 4th Canadian Division Support Base Petawawa Ops. Svcs/Garrison Petawawa; 2 Canadian Mechanized Brigade Group Headquarters & Signals Squadron and the Canadian Showtime Chorus.

Certificate of Merit is granted to members in recognition of service rendered to or on behalf of the legion above what is expected of a member; service although short in duration but have a high order that deserves recognition. Thirteen Certificates of Merit were presented.

Service Medals awarded to members who have a minimum of five years of service and have volunteered in three or more significant areas above and beyond. Four Branch Service medals were awarded.

Life Membership is awarded to legion members for outstanding legion service after 10 years of continuous membership; recognizes a member's outstanding service and devotion to the Purposes and Objectives of the Legion.

A Life Membership was awarded to Debby Holden and Bruce Judge.

Legionnaire of the Year award is presented to a legion member who has contributed outstanding quality and

quantity of service above and beyond. This year's recipient is Ken Fleming.

The President's Commendation is awarded to a member the President wishes to recognize for their special volunteer service and contributions in the past year. A President's Commendation was awarded to Brenda Grant, Lorraine Lapensée, George Pollock and Bob Thomson.

Dedication goes a long way!

When two of the Kanata Legion's highest award Palm Leaf members, Clay Wheaton and Moira Green, were presented their 35-year service pin by Branch President, Jim Hemlin, George Pollock, also a Palm Leaf award member and Betty Ann Pollock, also a 35-year service pin recipient and a Ladies' Auxiliary member of the second highest award, Meritorious Service Award, joined them for a group photo. Making a good memory!



Bruce Judge receiving a **Life Membership Award**, presented by Jim Wilson, Deputy Zone G6 Commander



L-R George Pollock, Clay Wheaton, Moira Green, Betty Ann Pollock, Jim Hemlin



Ken Fleming, Legionnaire of the Year Award recipient, presented by Branch President Jim Hemlin



Debby Holden receiving a **Life Membership Award**, presented by Jim Wilson, Deputy Zone G6 Commander



Cliff Turner receiving a **45-service year pin**, presented by Branch President, Jim Hemlin

Lorraine Lapensée, Chair
2023/2024 Honours and Awards Committee

Remembrance

Greetings, All. To date, 91 Veterans have been remembered at our Kanata cenotaph. Sincere thanks to those branch members and community persons who have chosen to remember a Veteran. Please consider purchasing a stone to commemorate a Veteran friend or family member.

Applications are available online or from my mailbox at the Legion or from me directly. Contact me at 613 592 3376 or mmgreen@live.com. Please support this branch initiative and remember a Veteran. The cost is \$150.

Lest We Forget 🌸
Moir

Honour a Veteran

In your family or a Veteran friend with a **Cenotaph Memorial Stone**

These existing stones are in front of the Cenotaph on Village Green Memorial Park, Colchester Square, Kanata

The stones are 6 x 6 inches in the ground, 4 lines of 12 characters maximum per line and are available at a cost of **\$150.00** each.

Applications are now available for the Cenotaph Memorial Stones.

This is a great way to honour your family members and friends who have served their country.

Available to all Veterans from all branches of the armed forces.

Legion 🌸 For more information and application form Please call Moira Green. **613-592-3376**

Royal Canadian Legion, Kanata Branch 638, 70 Hines Road, Kanata, ON K2K 2M5

Seniors Committee

Wednesday Complimentary Coffee Time has been very well attended over the past few weeks. Scott Ackison spoke at one of our get togethers about practicing the art of Yoga and how it can be so beneficial not only to our physical health but also for our mental wellbeing. His presentation was most interesting and was followed by lots of questions that he readily answered for us. Our Coffee Time will continue throughout the summer so we can all stay connected. We will probably not have any guest speakers until the fall and if anyone has any suggestions as to topics, please let one of our committee members know.

I would like to thank all of our sponsors for the wonderful array of goodies supplied each week and of course a big

thank you goes to all the volunteers on the committee for ensuring that there is always lots of coffee available throughout the morning and are there for both set-up and clean-up.

Joan Hemlin
Legion Seniors Chair

Membership Report

From the end of June to the end of November, annual membership payment is \$55 versus the annual payment of \$60. This Early Bird Campaign reduction only applies to members who have paid their 2024 membership fee.

Lottery Trust Fund

For this month, the Lottery Trust Fund Committee received \$2500 to distribute to charitable organizations. These funds are the proceeds of our Branch Gaming activities (Bingo and Catch the Ace).

Approved by the membership at the June 2024 Branch General Meeting, the Committee recommended the following donations:

- \$1500 Kanata Food Cupboard
- \$1000 The new Dave Smith Youth Treatment Centre located in Carp

Comrade Dennis Hearn
1st Vice President

May Gaming Report

Bingo (4 Bingos)

Total Deposit to Bingo Trust	\$ 3,271.00
Total Expenses	\$ 1,299.90
Rent to the Branch	\$ 540.90
Building O&M (40% after expense)	\$ 788.44
Donatable Funds (60% after expenses)	\$ 1,182.66

This month Bingo continued to average 46-56 players every Sunday and we deposit approx. \$1,000 per Bingo.

**COMING TO KANATA LEGION,
70 HINES ROAD
FRIDAYS IN JULY AND AUGUST**

Doors Open : Noon Game Start : 01:15 pm

**PLAY ALL GAMES FOR AS LITTLE
AS \$5, WIN UP TO \$600**

PROCEEDS TO THE KANATA SENIORS COUNCIL

LIMITED CANTEN SERVICE AVAILABLE



Regular Sunday Bingo will continue July and August.

Catch the Ace (5 Draws)

Total proceeds from draws	\$ 5,140.00
Total Expenses	\$ 514.00
Rent to the Branch	\$ 436.90
Building O&M (40% after expense)	\$ 822.40
Donatable Funds (60% after expenses)	<u>\$ 1,233.60</u>

The Gaming Committee has decided to run one more Series - ROUND #18. Once the Ace is drawn, we will take a break (hopefully during the summer).



Total DONATIONS (to Lottery Trust)	\$ 2,416.26
Total RENT	\$ 977.80
Total O&M	\$ 1,610.84
Total EXPENSES	\$ 1,813.90

Gaming Committee

Cadet Liaison

The 2023-2024 Cadet training year terminated with the Annual Ceremonial Review (ACR) for each of our sponsored cadet corps.

- 872 Kiwanis Kanata Squadron Royal Canadian Air Cadets conducted their ACR on 25 May 2024.
- 2870 Dragoons, Royal Canadian Army Cadets conducted their ACR on 29 May 2024.
- 706 Snowy Owl Squadron, Royal Canadian Air Cadets conducted its ACR on 01 June 2024.
- Royal Canadian Sea Cadet Corps (RCSCC) Centurion conducted its ACR on 16 June 2024.

Both Air Cadet Squadrons conducted Dynamic Displays which included Rocketry Displays, Synchronized Drone Displays, Band Displays and Drill Displays. Both Squadrons also focused on notable and impressive Effective Speaking demonstrations.

RCSCC Centurion provided a knot display and performed an incredulous knot tying demonstration whereby a young female cadet tied several knots in a rope and, in a tug of war with an adult male, and single-handedly defeated the adult. BRAVO ZULU (Navy term for well done).

Selected cadets will now attend summer training in basic, advanced and specialized courses in local, provincial and national training centres.

The Royal Canadian Legion Cadet/Junior Canadian Ranger Medal of Excellence

I had the honour and privilege to present the Royal Canadian Legion Medal of Excellence to Warrant Officer 2nd Class Harrison at 872 Kiwanis Kanata Squadron ACR and to Warrant Officer 2nd Class Nason at 706 Snowy Owl Squadron ACR.

The Royal Canadian Legion Cadet/Junior Ranger Medal of Excellence is awarded in recognition for individual endeavours in citizenship which meet or enhance the aims and objectives of the cadet movement in Canada. This program is wholly sponsored by the Royal Canadian Legion. Pursuant to Department of Defence Policy, the medal is not available to the Navy League cadets.

The Royal Canadian Legion Medal of Excellence decoration consists of a circular old-silver coloured medal with a ribbon. On the obverse is the insignia of the Royal Canadian Legion. The ribbon itself, 1.5 inches wide (3.8 cm) and is blue with a large gold median.

The main objective in awarding the Royal Canadian Legion Cadet/Junior Ranger Medal of Excellence is to emphasize the citizenship aspects of the Cadet/Junior Ranger program. To be eligible for consideration, a Cadet/Junior Ranger must meet the following criteria:

- all requirements of the corps/squadron annual mandatory and optional training programs.
- participated in a minimum of three community service events in addition to those supported by the Cadet/Junior Ranger unit.
- regarded by peers and superiors as exemplifying the model of the Cadet/Junior Canadian Ranger; and
- enhanced the Cadet/ Junior Canadian Ranger through:
 - (1) cooperation with peers and superiors
 - (2) comradeship,
 - (3) Promotion of goodwill and morale within the cadet unit,
 - (4) Aiding in the development of group identity and cohesiveness,
 - (5) Supporting and assisting fellow unit members; and
 - (6) Involvement in the local community.

Comrade Dennis Hearn
Cadet Liaison Officer

Ladies' Auxiliary

The new L.A. Executive Committee reviewed the vacant 3rd Executive Committee position and considering that there is presently no need for a 3rd Executive Committee position, it was agreed to not fill this position until there is a need.

Our Ladies' Auxiliary was represented at the L.A. Provincial Convention held in Newmarket, Ontario, May 26-28, with two delegates, Rosanne Birtch and PJ Rose, and two observers, Bonnie Jessup and Johanna Walters. Attending the L.A. Provincial Convention was a new experience for three of the four. The newly elected L.A. Provincial Officers are:

Sharon Crown	Provincial President
Kathy Moggy	Immediate Past Provincial President
Kathey Putman	1st Vice-President
Yolande McKinnon	2nd Vice-President
Brenda Deacon	Chairman

The L. A. actively supported the Branch's Annual Honours and Awards presentations and Dinner held on June 1st and the Annual Veterans Luncheon held on June 6th by assisting with meal preparation, service, decorating and clean-up.

The L. A. continues to support the Branch's Sunday Bingo by providing a canteen for the bingo players. Branch members, we could use your help! Consider being a Sunday Bingo Canteen volunteer to either work in the kitchen or at the canteen on a Sunday from 9:30 a.m. - 3:00 p.m. approximately, but not every Sunday. We will train you. When you volunteer at a Sunday Bingo Canteen, you support the Ladies' Auxiliary, the Branch, Sunday Bingo, Veterans and our Community all at once! For further information, please contact Lorraine Lapensée at 613-831-8319.

The L. A. catered to a 50th Wedding Anniversary and a Celebration of Life.

I had the honour to attend the Centurion Sea Cadets Annual Ceremonial Review on Sunday, June 16th. The cadets' demonstrations included a drill performance, a demonstration how one of little strength (a cadet) can win a tug of war by using a large pulley, rope and knots against one with much strength (a father), and the music band are very talented. I am always impressed by the cadets, and it is reassuring to see there are many good youths today and to know our country's future is in their good hands.

On Saturday, June 22nd, we hosted a very enjoyable and successful Strawberry Social and Dance! With a strawberry décor setting the atmosphere, 70 guests enjoyed a variety of sandwiches, a delicious strawberry shortcake topped up with our own Sylvia Monette's secret recipe strawberry sauce and all were entertained by a dynamic duo, Denim and Lace, who sang several old favourites to dance to and/or to sing along to. A wonderful way to spend a Saturday afternoon!

On behalf of the Ladies' Auxiliary, thank you to the guests for coming out to support our fundraiser. A special thank you to the volunteers (L.A. members, Branch members and friends) for their hard work to make the Strawberry Social and Dance a big success!

Lorraine Lapensée
Ladies' Auxiliary President



Linda Jane and Adrianus (Art) Cornelisse



L-R: PJ Rose, L.A. member/server, two friends of Sheila Nellestyn at the far right



Mary Thomas far right and friends

Legion Branch Honours George and Betty Ann Pollock with Kitchen Dedication

In recognition of their extraordinary 35 years of dedicated service, Kanata Legion Branch 638's Honour and Awards committee has proudly dedicated our kitchen in honour of George and Betty Ann Pollock.

George, a Charter member of our Branch, and Betty Ann, founder of our Ladies' Auxiliary, have been instrumental in the success and growth of our Legion family. George has consistently demonstrated unwavering dedication and a tireless work ethic. His contributions span a wide range of essential roles, from serving as a trusted treasurer to catering countless events, to managing the procurement of supplies and ensuring the upkeep of our facilities. George's financial acumen and practical expertise have been invaluable in guiding our Branch's financial decisions and maintaining our building in top condition. Notably, his commitment extends to our annual Poppy Campaign, where he meticulously oversees the purchase and storage of poppies, ensuring we honour our Veterans with respect and dignity.



Photo, Walter Arksey

Betty Ann's legacy is equally remarkable. As founder of our Ladies' Auxiliary, she has been a driving force behind our social events and fundraising efforts. Her tireless dedication to catering meals for our gatherings has nourished both body and spirit within our Legion family. Additionally, Betty Ann initiated and continues to manage our foot clinic, providing essential care to our veterans and community members. Her leadership as the long-standing President and current Treasurer of the Ladies' Auxiliary is a testament to her organizational skills and unwavering commitment to our cause.

Together, George and Betty Ann exemplify the true spirit of volunteerism. Their 35 years of service have touched countless lives and strengthened the bonds within our community. Their dedication, selflessness, and unwavering support have been instrumental in the success of our Legion Branch. Both George and Betty Ann have received the highest Legion awards, the MSM, MSA and George has also received the Palm Leaf.

George and Betty Ann are not just volunteers; they are the heart and soul of our Branch, and we are immensely fortunate to have them in our Legion family.

Pat Cher
PR Committee

It's Your Legion

Are you an active member
The kind that would be missed
Or are you just contented
That your name is on the list?

Do you attend the meetings
And mingle with the crowd
Or do you stay at home
And grumble long and loud?

Do you ever go and visit
A member who is sick
Or leave the work to just a few
And talk about the clique?

Come to the Legion more often
And come with hand and heart
Don't just be a member
But take an active part.

Think this over members
You know the right from wrong
Are you an active member
Or do you just belong?

Comrade Tom Kennedy
Deceased 2001 Age 83

Submitted by Mary-Jo Gauthier
President, RCL Branch 638 - Kanata

CANADA DAY

PRESIDENT'S FREE BBQ
Monday, July 1st • 11:30 am - 2:30 pm

Hamburgers
Sweets
Hot Dogs

Bar will be open for refreshments

Music by:
Jim Guillemette & Friends

Everybody welcome

Donations are appreciated

Legion

Royal Canadian Legion,
Kanata Branch 638,
70 Hines Road, Kanata, ON
K2K 2M5



At the General Meeting on June 19, our Branch presented a cheque for \$10,000 to the Queensway Carleton Hospital Foundation.

CONTACT! Submission Deadlines

Due Sunday Noon

22 Sept.
20 Oct.
24 Nov.

No newsletter in July, August
and December 😊

Lorraine Elmas
Editor

Lest We Forget 🇺🇸

Photo Corner

Events: Veterans Day and video of D-Day Commemoration by Mike Walker, Honours and Awards, Battle of the Atlantic Commemoration in Almonte

Photos: <https://kanatalegionphotos.weebly.com/2024.html>

Videos: <https://kanatalegionphotos.weebly.com/videos.html>

CONTACT!: <https://kanatalegionphotos.weebly.com/contact-newsletters.html>

Branch 638 Facebook by Sylvia Monette:

<https://www.facebook.com/profile.php?id=100066547458518>

Walter Arksey
Branch Photographer

Ways and Means Committee



Join us for our August Spaghetti Night
Details coming soon.

Sylvia Monette
Ways and Means Chair

Ongoing Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bingo & Book Sale 12:45 p.m. – 3:00 p.m.	Veterans-Only Coffee Club 10:30 a.m. Functional Exercise 2:30 – 3:30 p.m.	Euchre 7:00 p.m. Cornhole 1:30 – 3:30 p.m.	Complimentary Coffee & Sweets 9:00 – 11:30 a.m.	Darts 7:00 p.m.	Mini Bingo & Book Sale 1:15 p.m.	Saturday Social in the lounge Noon to 4 p.m. Drop in for a visit!
Walking Club meets at the Legion at 9:30 every weekday morning beginning April 1.						
Pickleball 9:00 a.m. to 5:00 p.m. Contact Ken Fleming (613) 965-6589						

- Tuesday Euchre – a fun league, and we teach how to play. For info, call Gaëtan Chartier 819-639-9343 or Debby Holden 613-271-2993.
- Saturday Social in the lounge - Open Mic the 1st and 3rd Saturday of the month – cancelled till September
- Friday Fish and Chips CANCELLED for the summer. Resumes September 6, 2024.

Branch Executive and L.A. Executive Members and Positions

If you wish to get in touch with a member listed below, please phone the Kanata Legion office at 613-591-5570 and provide your name and contact information as well as the name of the person you wish to contact, and the subject.

2024/25 Branch Executive

President	Mary-Jo Gauthier
Past President	Jim Hemlin
1 st Vice-President	Dennis Hearn
2 nd Vice-President	Denis Pelletier
3 rd Vice-President	Gaëtan Chartier
Treasurer	Nila Bronkhorst
Secretary	Brenda Grant
Poppy Chair	
Lottery Trust Fund	Dennis Hearn
Veterans Services	Ken Fleming
Cadet Liaison	Dennis Hearn
Membership	Brenda Grant
Poppy Trust Fund Chair	George Pollock
Leadership Development	John Cher / Sue McLean
PR & Marketing	John Cher
Branch Bursaries	Bonnie Oostlander
Chaplain	Rev. Canon Dr. William Prentice
Bldg. Grounds & Maintenance	George Royle
Sgt-At-Arms and Security & Housing	Ken Fleming
Sports Officer	Ken Fleming
Ways and Means Cttee	Sylvia Monette
Legion Seniors Chair	Joan Hemlin
Volunteer Coordinator	Debby Holden
Youth Education	Brenda Grant

Other

Regulations & Website	Ann Ervin
Facebook	Sylvia Monette
Bar Manager	John Hawkins
Foot Clinic	Betty Ann Pollock
Gaming/Lottery	Brenda Grant/Ann Ervin
Hall Rental	Andy Shinnan
Branch Archivist	Wayne Primeau
Honours & Awards	Denis Pelletier
Kitchen Manager	Gaëtan Chartier
Newsletter Editor	Lorraine Elmas
Military Service Recognition Book	Terry Jacobs
Photographer	Walter Arksey
IT Computer	Walter Arksey
Cenotaph Memorial Stones	Moira Green

Ladies' Auxiliary 2024/25

President	Lorraine Lapensée
Past President	Betty Ann Pollock
1 st Vice-President	Debby Holden
2 nd Vice-President	Rosanne Birtch
Treasurer	Betty Ann Pollock
Secretary	PJ Rose
Executive Committee	Bonnie Jessup
Executive Committee	Sheila Taylor
Sgt-At-Arms	Johanna Walters

CONTACT! is published monthly (except July, August and December) by RCL Branch 638 in Kanata, Ont. Views expressed in the newsletter are those of the contributors and are not necessarily those of the Royal Canadian Legion or Branch 638.

CONTACT! is edited by Lorraine Elmas.

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