



CONTACT!

Volume 9 Number 2
February 2020

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www.kanatabr638.ca

President's Report

We are heading into the third month of our count down to the end of the 2019/2020 term looking at what needs to be completed in our committees and our personal goals between now and the end of the term on 30 May 2020. We have our regular branch functions such as Bingo, Fish and Chips, etc.; committee responsibilities, Zone and District Conferences, the branch elections at the General Meeting, 15 April; and the Honours and Awards presentations at lunch on 23 May to look forward to. For those who live in Kanata look for our monthly column in the Community Voice Kanata newspaper showing our current events.

We had a super turnout for the Robbie Burns Birthday celebration, 90 Branch members and guests had a great celebration. Another memorable event was the visit by the Canadian Armed Forces Chief Warrant Officer Alain Guimond on Friday 31 January Fish and Chips to serve our customers, mingle and give a talk promoting the importance of joining the Legion and giving volunteer time to support our veterans both retired and serving. This pep talk was appreciated. CWO Guimond was accompanied by his wife, comrade Johanne Couture, who is also a very active branch member.

We are very pleased to have Angie Jacklin standing in as Secretary for Helen while she and Doug are away for a well-deserved break. Starting 24 February First Vice President Bill Molnar will be acting President during my absence on holiday.

Bruce

First Vice President's Report

Education and Development Report.

After several cancellations due to the weather, the Fish Fryer course finally took place on 01 Feb. I attended as an interested observer. Garth Lee ran through the whole gamut of planning and preparation of the necessities like the fish, of course, but also the tartar sauce, the batter, the coleslaw, the serving table, etc. Since there were several experienced cooks in the class, there was considerable discussion on the methods and procedures

for handling all the equipment and the products. The correct crispness of the batter was the subject of many opinions and the class benefited from some trial and error experience using thermometers and finger-to-mouth tests as well.

In conjunction with the cooking class, Garth had been requested to do two other lessons for the people who spend a fair amount of time at the Legion during functions. He ran through the procedure for employing the defibrillator. He also covered briefly use of the kit for handling drug overdose incidents. Both pieces of safety equipment are held in the small cabinet hanging on the wall beside the bar. A good point was raised by a student. Wouldn't it be a good idea to refresh all the members of the Ladies' Auxiliary on the same equipment as well. It is a good idea and it will be done.



We thank Garth for his time and effort to do this for the Branch. The resulting Friday Fish and Chip workload will be considerably eased as a result and our very successful Friday event will be happier than ever.

As an aside, I have news for those members who are already qualified Food Handlers but require their five year re-certification. The responsible agency in Ottawa does not do re-cert tests on weekends and our numbers don't merit sending a tester out to the Branch to do the tests. A message has gone out to those involved on the how, where and when and they may arrange for their own tests when it best suits them.

Bill Molnar

Honours and Awards Committee 2019-2020

On Saturday, May 23, 2020, our branch will be hosting an awards presentation luncheon at 11:30 a.m. to honour those who have made a significant impact on our branch and our mission by serving and volunteering during the current Legion year from June 2019.

You may wish to consider nominating someone from the following categories:

Legion members:

- Certificate of Appreciation
- Certificate of Merit
- Service Medal
- Legionnaire of the Year Award
- Life Membership
- Meritorious Service Medal (MSM) or Palm Leaf to the MSM

Other than Legion members:

- Branch Honorary Patron Award-to honour local dignitaries and community leaders
- Friendship Award-to honour and recognize individuals and organizations who have rendered assistance, service, support to the legion
- Certificate of Merit
- Certificate of Appreciation
- Media Award

Other awards:

- The Honours and Awards Committee will assist with the nomination of members for Provincial and Federal Awards.

Service pins and Officer/Executive medals and bars are automatically issued.

To nominate someone, please complete and submit, by April 1, 2020, a Nomination form that is available at the Branch at the entrance in the Lounge.

Please contact me if you have any questions.

Amanda Robbins, Chair,
Honours and Awards Committee
amandaalrobbins@gmail.com

Editor's Note: Moira Green had requested that the Poppy Report appear in the January issue. I apologize for missing it. LE

Poppy and Remembrance Report 2019

I thank every veteran, each and every one of you, your friends and families for your support of the poppy campaign. With your help we can accomplish so much. Without you we are not able to accomplish anything.

Poppy treasurer Don Raven is stepping down having spent countless years first as counter and then as treasurer. We thank him for his many years of service. Reg Redknap and Norma Raven are also standing down. We thank you also for your service. Carl and Barbara Hennigar are staying on as is Paul Raven and Glenda Gilmore. Brenda Grant, Terry Jacobs and Nila Bronkhorst also assisted as counters.

Table captains, Sue McLean, Suzanne St. John, George Medynski, George Royle, Angie Jacklin, Frank Biosvenue, Jackie Terris and Caroline McIlquham are to be commended for their work.

Distribution: Jane Cane for residences and nursing homes and Brenda Grant for schools.

Stores and businesses: Signature Centre, Mary Jo Gauthie; Centrum, Sandi Sartor; Queensway North, Curtis Keable; and Queensway South, Eric Farmer.

George Pollock and George Royle for supplies and treasurer assistance.

Thank you, cadets, for supporting our table venues. You are always very impressive, and people are impressed by your participation.



This is my tenth year as poppy chair. I have served nine consecutive terms and one term way back. Over the last nine years, working together we have raised almost \$800,000 for our veterans and community. It is time for me to stand down. I am happy to train a new chair; however, if this is a position to which you aspire, please talk to me soon and don't wait until next September as that is too late to get your ducks in a proverbial row. I intend to continue setting up and running our Remembrance services at residences and long-term care homes in the area next year. Next year's campaign will be much shorter--12 days--but will need to be more intensive where possible.

Sue McLean is stepping down as Hazeldean Mall table captain and is happy to train a replacement so please talk to Sue if you are interested.

Angie Jacklin is heading out west for an exciting new life and we wish Angie, Chris and family all the best in this

move. Loblaws Centrum will need a new table captain. Please contact me if you are interested.

All in all, another successful campaign. Your hard work and dedication make it possible.

Lest We Forget

Moira

Additional submission - for the record

On November 28 a poppy wind-up meeting was held at the branch. Thank you to those who attended. There was excellent discussion of pertinent poppy topics. Once again poppy boxes were not labelled correctly with number and location. Boxes were late coming in which makes it difficult for the counters. Only three games at CTC and less time allowed for poppy distribution. Ten days at Costco but cold for our veterans and members for the first four days. Black poppy centres were very popular. Brenda reported excellent Remembrance projects at various schools. Perhaps we can recognize those efforts next year.

Thank you for your poppy work again and for taking the time to attend.

Moira

Branch Service Officer

Regional Service Officer's Visit

During the week of March 9, 2020, the Service Officer for Eastern Ontario will be attending our branch to answer any questions you may have concerning pensions and/or your ability to obtain one.

Please call the branch to make an appointment! You will receive a call back with the date and time. Appointments usually begin at 0830. This is open to non-Legion veterans as well.

Annual Veterans' Luncheon

Mark your calendars for Tuesday, May 5th!

Since it's Cinco de Mayo Day (in Mexico at least), this year's theme will be Mexican. Wear your best sombrero and serape! However, the food will be guaranteed NOT to set you on fire. But if you like it hot, you can bring your favourite hot sauce.



Sue McLean
Branch Service Officer
613-291-1038
smclean@deadsquid.com

Legion Seniors

The Ontario Seniors Dental Care Program, launched by the Ontario government, will provide free routine dental care for eligible low-income seniors. Eligible seniors can apply to the program online (ontario.ca/SeniorsDental) or by picking up an application form at a local public health unit. Ontarians aged 65 and over with an income of \$19,300 or less, or couples with a combined annual income of \$32,300 or less, who do not have dental benefits, will qualify for this program. The new dental care program will be available through public health units, including some mobile dental clinics, as well as participating Community Health Centres and Aboriginal Health Access Centres.

Contact: 416-916-0204; 1-833-207-4435;
TTY 1-800-855-0511

The Ontario government is also providing funding to support more than 300 Seniors Active Living Centre programs in communities across the province in support of Seniors overall health and well-being. Seniors Active Living Centre programs support over 100,000 seniors across the province, and this funding will provide a variety of programming and activities.

Contact: Ministry of Seniors and Accessibility
<https://www.ontario.ca/msaa>

Amanda Robbins

Sergeant at Arms

The Colour Party was called to fill in at the Canadian Tire Centre on short notice due to a cancellation.

Thanks to those for stepping up on such short notice. The tickets didn't go to waste this time. My niece's husband and his cousin came along and stayed for the game. The two nations capitals played, Ottawa lost.



Bob Thomson, Garth Lee, Art Cornelisse and Brenda Grant

John Robert Thomson CD
613-831-8221

Annual PRVHC Visit, February

The month of February is our branch's turn to host two events at the Perley and Rideau Veterans' Health Centre on Russell Road.

The Bingo/Birthday Night on the 5th and Pub Night on the 19th. Two remarkable things happened this year. I believe for both events we had the biggest turn out of residents that I have seen in a while. It is to the credit of the staff and volunteers. The second thing is that it is the first time in a while that we have had good weather and driving conditions. Usually at least one of the nights the weather and driving conditions are terrible.

Debra McCann entertained the residents for the entire hour, a good time was had by all.

Thanks to those from our branch, Sue McLean, Joseph and JoAnne de Lepper, Brenda Grant, Patricia Taylor, P.J. Rose and Johanna Walters. Also, thanks to George Pollock for getting the birthday cake for us.

John Robert Thomson CD
Branch 638 PRVHC Visit Coordinator
831-8221

Lost and Found

It is kind of interesting some of the items lost and found over the years at the legion. Hearing aids, keys, money, articles of clothing. Below are a few of the more recent items.

Lost

- Two black tablecloths with AVON printed on them in white on one side. These were used to cover the executive table for General Meetings.
- A pair of half Wellington winter boots at the New Year's Eve party.
- Lost and Found box, cardboard box which was kept on the right hand shelve in the coat room.

Found

- A pair of half Wellington type winter boots. not the ones reported above. Left after the New Year's Eve party, not the same size as above. I wonder how someone can go home with someone else's boots and are not even the same size. I hope they get blisters.
- The lost and Found box, now a green plastic tote on the floor next to the mirror in the coat room.

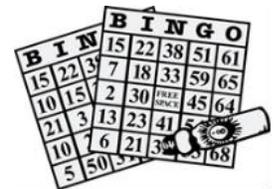
John Robert (No P) Thomson CD
Branch Security Officer

Lottery Trust Fund Report

The LTF Committee, with the approval of the Executive Committee, made the following donations in February:

- Lanark County Therapeutic Riding (Soldier Riding Program) - \$500
- Youth Services Bureau of Ottawa - \$500
- Friends of the Canadian War Museum - \$400

Margaret Judge
Lottery Trust Fund Chair



Gaming Report

January Bingo Report

Total Deposit to Bingo Trust -	\$ 458.00
Total Expenses	\$ 504.35
Donatable Funds	\$ (37.08)

Bingo revenue was down to equipment problems. The machine has now been fixed and we should see revenue return to normal.



January Catch the Ace Report

Total proceeds from draws	\$ 2,280.00
Total Expenses	\$ 228.00
Donatable Funds	\$ 729.60

Total Donations (to Lottery Trust)	\$ 692.52
Total Rent & O&M (Branch)	\$ 594.98

Catch the Ace Breakfast Club

Celebrating its **first anniversary** 24 February 2020!
Breakfast goers will be treated to an anniversary cake and special menu.

Catch the Ace Committee

From the Membership Desk



Total Membership in Good Standing to date: **272**

Welcome New Members February 2020

- Peter A. Tinsley: Ordinary
- Muriel Mole: New Associate
- Tarra Frimmel: Welcome Veteran Program
- Walter Donald Osborne: Welcome Veteran Program
- Ken Major: New Associate
- Geri Major: New Associate
- Joseph P. Bampton: New Associate

Last Post

- Barbara Dennison: passed away, a past member, active with her husband in our Golf Tournament. No details available

Renewing and new members for 2020 pay the regular fee of \$60.

Brenda Grant
Membership Chair

Youth Education Report

The Awards Ceremony was held 19 January at 4:30 pm. It was well attended by students, parents, friends and Legion members. Students were awarded a certificate, medal and prize money for each of the categories.



Annika Xu (age 14) with Bill Molnar
Intermediate Colour Poster - Gr. 9 Merivale High School
Placed 1st at Branch, 1st at Zone, 1st at District and 2nd at Provincial. Well done



Zichin (Ethan) Lin (age 7) with Bill Molnar
Primary Black and White Poster - Gr. 3 Jack Donohue Public School
Placed 1st at Branch, 1st at Zone, 1st at District, 1st at Provincial and now moves on to the National competition. We are so proud.



I would like to thank Bruce Judge, Bill Molnar, Mary-Jo Gauthier, Bob Thomson and Colour Party, Sue McLean, Margaret Judge and Moira Green for their help in running a successful Youth Education Awards Ceremony.

Brenda Grant

Special Events Ways and Means Committee

L. Lapensée for Mary Jo Gauthier

KARAOKE NIGHT

AT THE
Kanata Legion

70 Hines Road, Kanata, Ontario
613-591-5570



Exercise your vocal cords

Friday, March 27, 2020
8:00 p.m. – 1:00 a.m.
Everyone is welcome!

FREE ADMISSION / JUST DROP BY!

Report from the Ladies' Auxiliary

The Ladies' Auxiliary continues to move forward building on membership, catering service, fundraising and supporting the Branch, veterans and the community in a variety of ways.

We held our first ever Spaghetti Dinner and Information night on February 2nd with the intent to increase awareness of the Ladies' Auxiliary, who we are and what we do, and membership; very successful. Special thanks to Karen McCrimmon, MP, our guest speaker and to those who came out. Also, to support our community we collected over eight boxes of food donations and \$60 cash for the Kanata Food Cupboard in lieu of a charge for dinner.

Supporting the community by hosting the annual Family Day on February 17 at a low fee of \$5. Families and individuals came out to celebrate Family Day!

I am pleased to report our February 28 TGIF Ukrainian Dinner is sold out! Thanks to our catering team the ticket cut-off number was increased to accommodate 100! Thanks to Garth Lee, 2nd Vice-President, there will be Ukrainian music and Karaoke!

Celebrate spring at our Spring Fling Dinner and Dance on Saturday, March 21, featuring Larry Garnett a.k.a. Larry6string who will be singing a variety of tunes and there will be a great menu catered by the Ladies' Auxiliary! Tickets only \$20! Be sure to get your tickets early to guarantee seating!

For your information our Ladies' Auxiliary will be hosting the L.A. Zone G6 convention on Sunday, May 3, 2020.

Lorraine Lapensée, President

L.A. Past Events

On February 2nd the Ladies' Auxiliary hosted a spaghetti dinner to all ladies interested in hearing more about volunteer service within the legion family and our community with Karen McCrimmon, MP, as guest speaker. This event was well attended and received with several ladies interested in joining the Ladies' Auxiliary and some who wish to volunteer their time. We welcome all to volunteer however you can. Every person is important.



Photo credit: Debby Holden

Lorraine Lapensée, L.A. President Karen McCrimmon, MP
Judy Homma, L.A. 2nd Vice-President

February 17th was the Ladies' Auxiliary third year supporting and hosting a Family Day function at the legion. It was enjoyed by many and continues to grow every year. It is wonderful to see the happy faces who attend this event and would not be possible without the generous donations and support from the Ladies' Auxiliary. I am so proud to be part of this great group of women and thank you all for supporting our cause, the legion and our community. Any support of time or donations makes this event possible.

Judy Homma
Chair of Recruiting and 2nd Vice President



Family Day - Mini Manicure station

L.A. Upcoming Event:



Celebrate Spring
at the Ladies' Auxiliary's



Fling Dinner & Dance

Saturday, March 21, 2020

Reception 5:30 p.m. / Dinner 6:00 p.m.

Featuring: Larry Garnett – Larry6String

Larry is an acoustic guitar soloist performing popular tunes from 1950's to the present day from the genres of Classic Rock, country, Blues, Folk, Jazz, Medieval & some of his own original tunes.

www.larrygarnett.weebly.com



the pop,

Menu (Catered by L.A.): Spring Garden Salad w/Balsamic Vinaigrette, buns & butter
Parmesan Chicken/Tortellini served with an Alfredo Sauce/Asparagus bundles/
Honey glazed baby carrots/ Vanilla cake with a Berry Compote/Tea, Coffee, Ice Water

Tickets \$20.00/person -- Tickets to be picked up by Wed., March 18, 2020
Reserve early to guarantee seating. 613-591-5570 or promo.rcldr638@gmail.com
Royal Canadian Legion, Kanata-Branch #638, 70 Hines Rd., Kanata, Ontario



Happy Birthday
Michael!

Thank you for
all your help.
Your legion
friends.

(December 2019)



Visit of Canadian Armed Forces Chief Warrant Officer
Alain Guimond to Branch 638 on 31 January to serve fish
& chips and make an inspiring speech. (Margaret Judge)

- 1) Group photo including CWO Alain Guimond and his wife comrade Johanne Couture, far right
- 2) A serving CWO Alain Guimond serving fish & chips
- 3) CWO Guimond making his speech
- 4) Comrade Johanne Couture and CWO Alain Guimond being presented with their membership pins
- 5) A big thank you from Bruce Judge and all those in attendance

Care Home Visit

When our Padre
speaks, even the
resident's pets
listen.

Sue McLean

(December 2019)



Travel

The only legion branch in
Barbados. Had a lovely chat
with the young man on duty
who was amazed that their
poppies came from Dominion
Command stores just around
the corner from where I live.

Moira



Monday Darts - photo: Garth Lee



Weekly ongoing activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bingo 12:45 p.m. - 3:00 p.m.		Lounge is open 1:00 - 4:00 p.m. Drop in for a visit! Euchre 7:30 pm	Coffee Club 10:00 a.m. - 12:00 p.m.	Darts 7:00 pm	Fish 'N Chips & Ladies' Auxiliary's Book Sale 11:30 am.-1:00 pm	Lounge is open 1:00 - 3:00 p.m. Drop in for a visit!

Euchre - a fun league & we will teach how to play. For info, contact Sue at 819-431-8130 or suesiadam@gmail.com

Darts - Everyone welcome. For info, contact Patty at: tiggerrogers@yahoo.com

Kanata Legion & Ladies' Auxiliary Upcoming Events February 28 - March 30, 2020

DATES & TIMES	EVENT / MEETING	DETAILS	FEE	CUT-OFF
Fri. Feb. 28 5:30 p.m. reception & 6:00 p.m. dinner	Ukrainian TGIF dinner	Corn Chowder Soup, Spiral Honey Ham, Cabbage rolls, Perogies with caramelized onions and more! Ukrainian music & Karaoke	\$10	SOLD OUT! Waiting list started in the event of cancellations
Wed. Mar. 4 7:30	L.A. General Meeting	New Members welcome		
Sat. Mar. 7 10:00 a.m. sharp	Kanata legion is hosting the Zone G6 Youth Education Public Speaking competition	1 st place winners from the 8 legions in our Zone G6 compete for 1 st place at the Zone G6 Youth Education Public Speaking competition; Everyone welcome to come out to hear students' speeches		Primary category Grades 1-3 Junior category Grades 4-6 Intermed. category - Grades 7-9 Senior category Grades 10-12
Wed. Mar. 11 7:30	Joint Executive Committee & Branch Executive Meeting	Ladies' Auxiliary Executive & Branch Executive meeting / Branch Executive Committee meeting		
Wed. Mar. 18 7:30	Branch General meeting	All legion members encouraged to attend. Please note elections of a new executive will take place at the general meeting on April 15, 2020. Be sure to come out to vote! Mark the date on your calendar, please.	N/A	
Sat. Mar. 21 5:30 reception 6:00 dinner	L.A.'s Spring Fling Dinner & Dance	Great menu - see poster Entertainment - Larry Garnet will be singing a variety of tunes	\$20	Wed. March 18, 2020
Fri. Mar. 27 8:00 p.m.	Karaoke	Everyone is welcome! Drop by! Bring a friend	No charge	
Sat. Mar. 28 10:00 a.m. sharp	District "G" Youth Education Public speaking competition	Kanata Legion will be hosting the District "G" Youth Education Public Speaking competition. Everyone is welcome to come out to hear students from Grades 1 - 12		
Mon. Mar. 30 9:00 a.m. - 10:30 a.m.	Catch the Ace Breakfast	Limited to 32 seats; reserve early Breakfast and one Catch the Ace Ticket for the weekly draw	\$10	Reserve by contacting Clay Wheaton at 613-592-5417 claywheaton@rogers.com

Aphorisms - Short, pointed sentences that express
wise or clever observations. L. Lapensée

1. The nicest thing about the future is that it
always starts tomorrow.
2. Money will buy a fine dog but only kindness
will make him wag his tail.
3. If you don't have a sense of humour, you
probably don't have any sense at all.
4. Seat belts are not as confining as wheelchairs.
5. A good time to keep your mouth shut is
when you're in deep water.
6. How come it takes so little time for a child
who is afraid of the dark to become a
teenager who wants to stay out all night?
7. Business conventions are important
because they demonstrate how many
people a company can operate without.

CONTACT! is published monthly (except July and August) by RCL Branch 638 in Kanata, Ontario. Views expressed in the newsletter are those of the contributors and are not necessarily those of the Royal Canadian Legion or Branch 638. CONTACT! is edited by Lorraine Elmas lorraine_elmas@yahoo.ca